

News Release / Pour publication immédiate

**For Immediate Release
August 20, 2012**

CONVALESCENT CARE BEDS IMPROVING CARE FOR SENIORS Trillium Villa Nursing Home launches new initiative for Sarnia/Lambton

SARNIA/LAMBTON – A new Convalescent Care Program was launched on August 1, 2012, at Trillium Villa Nursing Home through one-time funding from the Erie St. Clair Local Health Integration Network (ESC LHIN). The Convalescent Care Program provides enhanced services on a short-term basis to help patients safely return home after a hospital stay. The program will be provided in a four-bed unit within Trillium Villa Nursing Home.

The program was launched in two Windsor/Essex long-term care homes in 2011/12, and had great success with patients regaining their mobility and ability to do the day-to-day tasks that allow them to move back home.

Trillium Villa Nursing Home will provide similar services, with a focus on rehabilitation, daily living activities, restorative care, physiotherapy for strengthening, and specific client goals that will support their transition back home. Patients can stay for up to 90 days, but often require shorter stays before returning home with the support of the Community Care Access Centre (CCAC).

While staying at Trillium Villa Nursing Home, patients of the Convalescent Care Program will receive care by an inter-professional team that includes registered nursing staff, therapeutic recreation, social work, dietitian, restorative aids and increased physiotherapy.

Convalescent Care is a Home First Program. Home First is a philosophy which aims to support seniors safe return home after their acute care in hospital is complete. In the home, rehabilitation and other community care will help patients live at home as long as possible, or wait at home for the long-term care home of their choice.

As not all patients are ready to return home immediately from the hospital, Convalescent Care is proving to be a solution suitable for patients that no longer need hospitalization but are still too frail to go home.

The overall goals of the Convalescent Care Program are to:

- Improve the quality of life for patients
- Reduce Alternate Level of Care (ALC) days at Bluewater Health
- Reduce hospital readmissions for frail seniors
- Improve clinical and functional outcomes for patients with chronic care needs



Ontario

Erie St. Clair Local Health
Integration Network
Réseau local d'intégration
des services de santé
d'Érié St. Clair

News Release / Pour publication immédiate

QUOTES

“All too often a senior will encounter a hurdle in their health and need some help getting over it so they can go home. Convalescent Care is very patient focused, looking at a patient’s individual needs after a hospital stay to determine what it will take to give them their independence again. Through rehabilitation and activation, the little things like dressing, eating, and moving around your own home can become possible again; and the hope of moving back home can also become possible.”

– Gary Switzer, CEO, Erie St. Clair LHIN

“It is very gratifying to be able to deliver a program that supports seniors in regaining their independence. Steeves & Rozema as the owner and operator of Trillium Villa Nursing Home is pleased to be partnering with the Erie St. Clair LHIN in the introduction of these four Convalescent Care Beds. We truly look forward to sharing in the success of those who access the beds and with the help of our restorative care team are able to return home.”

- K. John Scotland, CEO, Steeves & Rozema Group

“I remember falling at home and the ambulance taking me to the Hospital. When I came to Trillium Villa, I couldn’t walk at all. I was in terrible shape. The staff worked with me and bit by bit, I improved. Today, I am walking with a walker and planning my return home.”

– Ardyce “Mickey” Parker, Resident, Trillium Villa Nursing Home

“Our enhanced rehabilitation team has provided a solid foundation for Convalescent Care at Trillium Villa. Having a direct impact on improving an individuals’ quality of life is a rewarding experience for both residents and staff at our Home. This achievement is an example of how community partnerships create proactive health care solutions. It has been a pleasure to work closely with our Hospital, Community Care Access Centre, and Community Support Services in this initiative.”

– Jennifer Allison, Administrator, Trillium Villa Nursing Home

News Release / Pour publication immédiate

LEARN MORE

For more information on Convalescent Care beds, or to have a patient assessed for placement, contact the Erie St. Clair CCAC at 519-310-CCAC (2222)

Read more about Erie St. Clair LHIN at www.eriestclairhin.on.ca

For more information about Home First, [click here](#)

– 30 –

For more information please contact Ron Sheppard, Acting Director, Communications and Community Engagement, Erie St. Clair LHIN, at 1-866-231-5446 ext. 3230 or at Ron.Sheppard@lhins.on.ca.



Ontario

Erie St. Clair Local Health
Integration Network
Réseau local d'intégration
des services de santé
d'Érié St. Clair