

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
CH = Chapel DR = Dining Room AUD = Auditorium RR = Room to Room SR = Sitting Room MP = Multi-Program Room CA = Café		<h1 style="color: #8B4513;">AUGUST 2019</h1> <h2 style="color: #000000;">Apple Blossom</h2>		D = Daisy AB = Apple Blossom L = Lily of the Valley I = Iris YR = Yellow Rose CY = Court Yard SM = Small LG = Large		Morning Calendar Visits 1 10:30 – Catholic Mass (AUD) 2:00 – Centre Stage; Dan the Country Man (CA) 3:30 – Friendly Visits (RR) 6:30 – Reminiscing on the Balcony (YR BAL)	9:15 – Exercises (SR) 2 10:00 – Handy Helpers (MP) 2:00 – Popsicles by the Garden (LG CY) 6:30 – Pub Night with Tara (CA)	10:00 – Word in Word (MP) 3 2:00 – Bingo (YR DR) 3:30 – Walks & Talks
4 10:15 – Hymn Sing (CH) 2:00 – Euchre (CA) 3:30 – Afternoon Visits	5 10:00 – Ladies Spa Day & Manicures (MP) 2:00 – Matching Game (MP) 6:30 – Ladder Ball (I SR)	6 10:30 – Anglican Church (AUD) 1:00 – 3:00 Bus Outing Wal-Mart 2:00 – Bingo (AB DR) 3:30 – Sensory Visits (RR) 6:30 – Discussion: Shop Online vs. In Store (CA)	7 9:15 – Exercises (SR) 10:00 – “Junk Detective” (MP) 2:00 – Centre Stage with Jack Coulson (CA) 3:30 – Friendly Visits (RR) 6:30 – Handy Helpers (I MP)	8 10:00 – Card Bingo (AUD) 10:30 – Noodle Balloon (SR) 2:00 – Bell Choir (SR) 6:30 – Movie Night (AUD)	9 9:15 – Exercises (SR) 10:00 – Art Hour (MP) 2:00 – Music & Manicures (RR) 3:30 – Friendly Visits (RR) 6:30 – Random Trivia (I MP)	10 10:00 – Zumba (AUD) 10:30 – Word in Word (MP) 2:00 – Bingo (YR DR) 3:30 – Walks & Talks		
11 11:00am – 12:30pm Resident Council BBQ Fundraiser 2:00 – Community Walk 3:30 – Afternoon Visits	12 9:15 – Exercises (SR) 10:00 – Manicures (MP) 2:00 – Water Painting with Val (AUD) 3:30 – Parachute Game (SR) 6:00 – Baking Social (DR)	13 10:00 – Armchair Travels: Iowa State Fair (AUD) 2:00 – Bingo (AB DR) 3:30 – Sensory Visits (RR) 6:30 – Bowling (AUD)	14 9:15 – Exercises (SR) 10:30 – Non-Denomination Service (CH) 2:00 – Billy Bishop Aviation Program (AUD) 2:15 – Horse Races (SR) 3:30 – Tuck Cart (RR) 6:15 – Handy Helpers (MP)	15 10:00 – Card Bingo (AUD) 2:00 – Centre Stage with Gary McGill (CA) 3:30 – iPad Visits (RR) 6:30 – Evening Trivia Social & Treats (LG CY)	16 9:15 – Exercises (SR) 10:00 – Horse Therapy (Whole Home RR) 1:45 – Music & Manicures (RR) 3:30 – Montessori (MP) 6:30 – Ladder Ball (SR)	17 10:00 – Word in Word (Daisy MP) 2:00 – Bingo (YR DR) 3:30 – Walks & Talks		
18 9:45 – London Citadel Band (LG CY) 2:00 – Euchre (CA) 3:30 – Afternoon Visits	19 9:15 – Exercises (SR) 10:00 – Rosary (CH) 2:00 – Manicures (D MP) 6:30 – Community Walk (Meet in Front Lobby)	20 10:30 – Salvation Army Service (CH) 2:00 – Bingo (AB DR) 3:30 – Sensory Visits (RR) 6:30 – Spa Night (D MP)	21 9:15 – Exercises (SR) 10:00 – Bell Choir (SR) 10:30am – 2:30pm Malibu Restaurant Outing 2:00 – Ice Cream Social (LG CY) 6:30 – Handy Helpers (D MP)	22 10:00 – Card Bingo (AUD) 10:30 – Montessori (SR) 2:00 – Centre Stage with Dave Shakespeare (CA) 6:30 – Campfire Social (SM CY)	23 9:15 – Exercises (SR) 10:00 – Art Hour (MP) 2:00 – Resident Council Meeting (AUD) 2:15 – Aroma Care (RR) 6:30 – Ice Cream Sandwiches in the Garden (LG CY)	24 10:00 – Zumba (AUD) 10:30 – Word in Word (MP) 2:00 – Bingo (YR DR) 3:30 – Walks & Talks		
25 11:00am – 2:00pm Bus Outing; Picnic at Spring Bank Park (Sign Up) 3:30 – Afternoon Visits	26 9:30 – 12:00 – Outing Swimming at Chelsey Park 9:15 – Exercises (SR) 10:00 – Handy Helpers (MP) 2:00 – Art Hour (YR MP) 6:30 – Ladderball (YR SR)	27 10:00 – Crosswords (MP) 2:00 – Bingo (AB DR) 3:30 – Sensory Visits (RR) 6:15 – Balcony Social (YR SR)	28 9:15 – Exercises (SR) 10:00 – Book Club (SR) 2:00 – Celebration on Life (AUD) 6:15 – Handy Helpers (YR MP)	29 10:00 – Card Bingo (AUD) 10:30 – Book Club (LG CY) 2:00 – Penny Auction (AUD) 6:15 – Reminiscing on the Balcony (YR)	30 9:15 – Exercises (SR) 10:00 – Community Living Sing-a-long (SR) 2:00 – Music & Manicures (RR) 3:30 – Friendly Visits (RR) 6:30 – Karaoke Night (AUD)	31 10:00 – Butterscotch the “Bunny” Visits (RR) 2:00 – Bingo (YR DR) 3:30 – Walks & Talks		

Programs may be cancelled or rescheduled due to unforeseen circumstances

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